EVENT GUIDE



IMPORTANT! All student-athletes and coaches must fill out a waiver in order to be on course!

WAIVER

If you have not signed a waiver, please go to the registration tent with \$20 cash or check.



Welcome!

We're so excited to have you and your family join us for an unforgettable weekend with the Nevada North League! Whether you're a first-time race family or seasoned veterans of the trail, we're here to celebrate everything that makes NICA special—community, challenge, and tons of two-wheeled fun!

At the heart of everything we do are NICA's Core Values:

- 💪 Inclusivity Every rider has a place here.
- Equity We strive to level the playing field.
- Respect For each other, the environment, and ourselves.
- Community We build more than riders—we build lifelong connections.

This event guide is jam-packed with important information so please take your time to read it. If you have questions, please reach out to your Team Director.

Thank you to our sponsors





BIJOU PHOTO





















Nevada North Handbook

The <u>NICA Nevada North Handbook</u> lives on our <u>website</u> and you can also find it below. The handbook has everything you need to know for races including the rules. Please note that while your awesome coaches do their best to pass along the rules, it is the student-athlete's responsibility to know them and follow them.

Pages 5 & 6 contain the Code of Conduct for both student-athletes & adults.

To help you out, here ar a few rules that are really important:

- No riding your bike in the Pit Zone at any time.
- Both wheels must be on the ground and both hands on the bars as you cross the finish line.
- Any time your leg is over the top tube, you must have a helmet strapped on (adults, this goes for you too!).

As always, our goal is to have a safe, fun event!



Stay up-to-date

Information in this race flier is subject to change. Please check back just prior to the race weekend to make sure you have the most current information available.

We will be communicating with coaches and will also send race updates via Single Track Times, Instagram, and Facebook should they occur.





Welcome to Truckee, CA

Tahoe Donner is always a highlight on the race calendar, known for its incredible trail network and stunning alpine scenery. Riders love the mix of flowy singletrack, challenging climbs, and forested descents that make every lap both fun and rewarding. Whether you're here to race hard or just soak in the mountain views, Tahoe Donner delivers an unforgettable experience every time.

Tahoe Donner Dash race course

The Tahoe Donner Dash in Truckee, CA, earned the highest praise from riders last year—and for good reason! After a scenic singletrack climb, the course delivers a thrilling descent packed with flow trail, tech sections, berms, and rock features that keep riders on their toes and grinning all the way down. Tahoe Donner is excited to welcome us back for another unforgettable season-ending event filled with fun, challenge, and celebration.







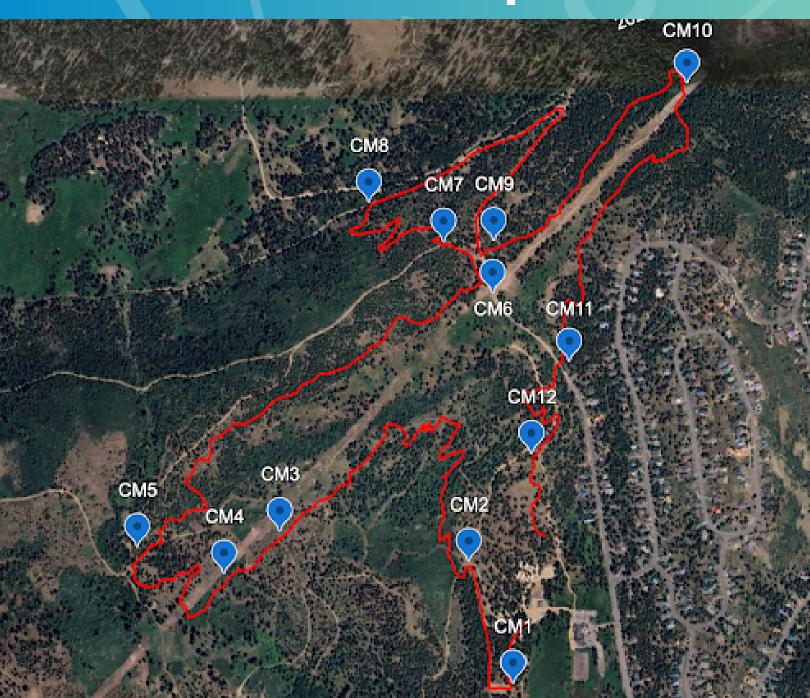
Address

<u>Alder Creek Adventure Center, 15275</u> <u>Alder Creek Rd, Truckee, CA 96161</u>



Click here for the race location!

Course Map







Parking

Parking and Shuttle Information for Tahoe Donner

Parking at Alder Creek Adventure Center (15275 Alder Creek Rd, Truckee, CA 96161) will be limited. Families are encouraged to carpool to the venue on both days.

On Saturday, all parking will be first come, first serve. IMPORTANT - DO NOT park past the diagonal parking. Your vehicle will be towed at your own expense.

On Sunday, Tahoe Donner will provide a complimentary shuttle from the Tahoe Donner Downhill Ski lot. The main lots will be reserved for Team Directors / Head Coaches and all volunteers who sign up on the volunteer link. There is a stretch of diagonal parking that is "open parking" and available on a first come, first serve basis. If your party plans on arriving after 8a on Sunday, please plan to use the shuttle.

PLEASE DO NOT PARK ALONG THE ROAD OUTSIDE OF THE DIAGONAL PARKING

STRETCH. If you do, you may be towed and you will be responsible for all fines fees associated with getting your vehicle back. More importantly, if we do not follow the rules, the league may not be welcome back to this amazing venue!

For those using the shuttle, we will have a drop off zone at the Alder Creek Adventure Center where all bikes, large items, riders, extra family and friends, etc. can be dropped off. From there, the driver will go to the Tahoe Donner Downhill Ski parking lot (11603 Snowpeak Way, Truckee, CA 96161), where they will park their car and get on the shuttle. We will need to park in lot 1 first before using any of the overflow parking in lots 2, 3, 4, 5.





Parking

TAHOE DONNER VENUE PARKING MAP

15275 Alder Creek Rd, Truckee, CA 96161







Parking

TAHOE DONNER SHUTTLE MAP

11603 Snowpeak Way, Truckee, CA 96161







Registration

- Registration is closed.
- There is no in-person registration.
- There is no late registration.
- All events are included in the season fee and so there is no extra charge.
- Students must be league registered and "race-ready" in order to participate

• Race Ready is:

- All information entered in the Pit Zone, League fee and race fee have been paid.
- Release form completed electronically in Pit Zone (once per season).
- "Practice ready" refers to those that have all of the above except the race fee paid. This is for the riders that may participate in the pre-ride with their team but are not racing.
- If you have questions registration, please reach out to your Team Director.

Food

The Alder Creek Café & Trailside Bar at the Tahoe Donner Adventure Center will be open on Sunday with a limited menu, perfect for refueling after your race. On Sunday, the cafe will be open for coffee, hot chocolate, and pastries starting at 7am. The bar will be open as well. They'll both close at 4:30pm. We'll have an outdoor grill serving lunch from 11am until 3pm.

Besides those two options, Truckee has a variety of grocery stores and restaurants in town.





Homecoming

High schoolers, it's your night! After the pre-ride on Saturday, join us for a free potluck dinner + homecoming dance from 5–7p! Dust off your boots, throw on your best flannel, and get ready to two-step the night away!

- Potluck sign-up 👉 HERE
- Country theme
- Saturday 5–7p (after pre-ride)
- High schoolers only
- Country theme
- Saturday 5–7p (after pre-ride)
- High schoolers only



Moms on Bikes on Saturday

MOMS! Meet at the GRiT tent at 12:15p on Saturday for an awesome time! Beginning at 12:30p, Nevada North League sponsor **Sierra Neurosurgery Group** will lead a 30 minute nutrition clinic before riding the course for those who want to. There will also be a skills clinic for those who do not want to pre-ride the entire course.

This event is offered at no cost thanks to the <u>She Sends Foundation</u>. All ability levels are welcome!

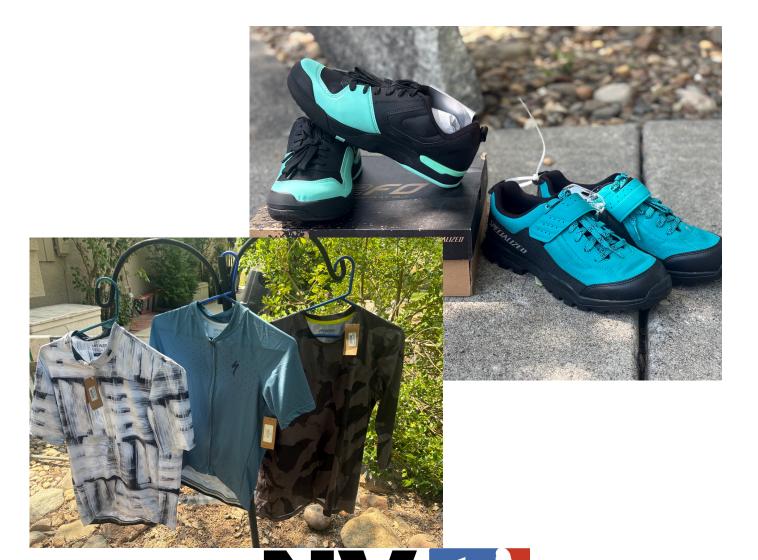




League gear sale!

We'll have a bunch of awesome Specialized gear again! In order to purchase gear, you'll need to purchase a ticket online.

Purchase tickets here





Volunteer

- Race day would not be possible without the incredible work of our volunteers. It takes a "village" to put on quality youth mountain bike races.
- Saturday and Sunday positions are available.
- We know some positions can look complex and possibly overwhelming for first-time volunteers. Rest assured ALL of our volunteer positions are FUN and require no previous experience and our Core Race Staff are with you every step of the way! You will feel confident and well-prepared for your task.

Pick one (or two) that sound interesting to you, register below to guarantee your preferred volunteer spots!

For more information contact our Volunteer Coordinator, Kirstin Hudson, at volunteer@nevadamtb.org.

Volunteer at the event







Event weekend schedule

Saturday

9:00 AM Volunteer Shifts Begin

12:00 PM GRiT Ambassador photo, meet at the GRiT Tent

12:00 PM Pit Zone Access is open, registration opens, Specialized Gear Sale opens

12:15 PM Meet for Coaches Pre-Ride, leaves at 12:30p

12:15 PM Meet for NICA GRIT Ride, leaves at 12:30p

12:15 PM Moms on Bikes (MOB) nutrition clinic - skills clinic or pre-ride after at 1p- your choice!

2:00 PM Pre-Ride Open to all riders - please see the pre-ride schedule

4:00 PM Registration closes

4:00 PM Pre-Ride is closed, registration is closed

Sunday

7:00 AM Volunteer shifts begin

7:00 AM Registration opens, Win's Wheels Neutral Support begins

7:30 AM Pre-Ride open to all riders - please refer to pre-ride schedule!

8:00 AM Head Coaches Meeting near the Registration tent

8:30 AM Pre-Ride closed, Specialized Gear Sale opens

8:45 AM Staging - Wave 1 HS Boys

8:50 AM National Anthem

8:45 AM HS Boys staging

9:00 AM Racing begins - Wave 1 HS Boys - let's have FUN!

10:15 AM Staging - Wave 2 High School Girls

10:30 AM Racing - Wave 2 High School Girls

11:00 AM Registration closes

11:30 AM Staging - Wave 3 MS Girls

11:45 AM Racing - Wave 3 MS Girls

12:45 PM Staging - Wave 4 MS Boys (Level 1 boys stage at 12:10 PM)

1:00 PM Racing - Wave 4 MS Boys

2:15 PM Racing concludes

2:15 PM Pit Zone breakdown begins - many hands make light work!

3:15 PM Awards Ceremony (could be sooner or later depending on Pit Zone breakdown)





Pre-ride information

Pre-Ride Hours

Coaches only (Saturday - meet at 12:15p, leaves at 12:30 pm)

GRiT pre-ride (Saturday - meet at 12:15p, leave at 12:30 pm)

Saturday afternoon (2:00 pm - 4:00 pm) - please see schedule on the next page

Sunday morning (7:30 am - 8:30 am)

All racers should pre-ride the course.
Riders must adhere to any course restrictions!

To be on course: ALL RIDERS (STUDENTS & REGISTERED COACHES) must be fully "practice ready" in the Pit Zone and have their number plates affixed to their bike.

NO UNREGISTERED PARENTS/SIBLINGS ALLOWED ON COURSE.

Reminder: You must pre-ride with your team!







Saturday Pre-Ride Schedule

Saturday

Each category can complete one lap during this time. All second laps must wait until open preride at 3p.

2:00p - Varsity/JV boys and girls

2:10p - Level 5 boys

2:15p - Level 4 boys

2:20p - Level 4 girls/ Level 3 girls

2:30p - Level 3 boys

2:35p - Level 2 boys

2:40p - Level 1 boys

2:45p - Level 2 girls/ Level 1 girls

3:00p - Open pre-ride (must have appropriate coach to athlete ratio during this time also).

Purpose: To create a safer, more inclusive environment for athletes to pre-ride the course. It also allows for coaches from other teams to coach together, collaborate, and learn from each other.









Pit Zone team area rules

- Pit Zone team area is open for loading/unloading
 - Saturday: 12:00pm -5:00pm
 - There will be no riding on course prior to the pre-ride opening.
 - Sunday: 7:00am 8:00am and after the infield is taken down.
- Garbage expectations pack in/pack out
- No Gas Generators in the Pit Zone, propane is allowed to warm food
- No fires/no bbqs
- No inappropriate language allowed
- Please leave your dog at home
- Conflicts and/or disputes should not be dealt with in the team Pit Zone area
- Any violation of the above rules may result in a team penalty and/or expulsion from the Pit Zone and infield area

Reminder: No riding your bike in the Pit Zone!

Please stay for awards if possible





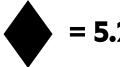


Wave start times

Staging will begin 15 minutes before each wave, 20 minutes for Level 1 boys.

Note: Final lap count decision per category will be finalized and confirmed at the start of each race in addition to any lap cut-off times.

High School Waves



= 5.2 mi, 654 ft

High School Boys

Varsity	9:00 AM	3 🔷	Pink
٦V	9:01 AM	3 ♠	Green
Level 5	9:02 AM	2 🔷	Sky blue
Level 4, heat 1	9:03 AM	2 🔷	Yellow
Level 4, heat 2	9:04 AM	2 🔷	Yellow

High School Girls

Varsity	10:30AM	3 🄷	Pink
٦V	10:31 AM	2 🔷	Green
Level 4	10:32 AM	2 🔷	Yellow





Wave start times

Staging will begin 15 minutes before each wave, 20 minutes for Level 1 boys.

Note: Final lap count decision per category will be finalized and confirmed at the start of each race in addition to any lap cut-off times.

Middle School Girls

Level 3	11:45 AM	2 🔷	Blue
Level 2	11:46 AM	1 🄷	Vermillion
Level 1	11:47 AM	1 🔷	Orange

Middle School Boys

Level 3	1:00 PM	2 🄷	Blue
Level 2	1:01 PM	1 🄷	Vermillion
Level 1, heat 1	1:02 PM	1 🍁	Orange
Level 1, heat 2	1:03 PM	1 🄷	Orange







Chip information

All riders will receive a permanent number plate with chip timing transponder on the backside. Riders will use the same plate for the entire race series, so please remove this number plate before mounting the bike for transport to prevent loss. **Replacement number plates will be available at the registration tent for \$20 (cash or check only).**

Petitions

Petitions are closed for the 2025 season.

Weather Policy

Our primary considerations are the safety of riders, support staff and spectators, and potential damage to the venue and trails. Any decisions regarding canceling, postponing or altering race start times, lap lengths, number of laps, etc. will be made jointly by league staff and the land manager. Often this decision cannot be made until the morning of the race due to the unpredictable and rapidly changing nature of severe weather. The league will make every attempt to notify the racing population as soon as possible via email, social media and website updates.







Team Directors meeting

A mandatory Team Directors meeting will be held near the Registration tent on Sunday, October 19th at 8:00 AM.

Each team must have one representative present at the meeting.

Contact information

General League Questions: League Director, leaguedirector@nevadamtb.org
Race/Venue Specific Questions: Nikki Peterson, Race Director, nikki@nevadamtb.org
Rule Specific Questions: Paul Miers, Race Official, paul@nevadamtb.org
Registration Specific Questions: Nikki Peterson, Race Director, nikki@nevadamtb.org

Please note that most staff arrive onsite Friday of each race weekend and may not have sufficient cell/data coverage to respond to calls/emails. Please plan accordingly.





