

EVENT GUIDE



October 11-12, 2025






**IMPORTANT! No riding on the
Western Nevada College campus,
especially the stairs!**

There will be no warnings given on site.

Welcome!

We're so excited to have you and your family join us for an unforgettable weekend with the Nevada North League! Whether you're a first-time race family or seasoned veterans of the trail, we're here to celebrate everything that makes NICA special—community, challenge, and tons of two-wheeled fun!

At the heart of everything we do are NICA's Core Values:

-  Fun – Because joy fuels growth.
-  Inclusivity – Every rider has a place here.
-  Equity – We strive to level the playing field.
-  Respect – For each other, the environment, and ourselves.
-  Community – We build more than riders—we build lifelong connections.

This event guide is jam-packed with important information so please take your time to read it. If you have questions, please reach out to your Team Director.

Thank you to our sponsors



BIJOU PHOTO



Nevada North Handbook

The NICA Nevada North Handbook lives on our website and you can also find it below. The handbook has everything you need to know for races including the rules. Please note that while your awesome coaches do their best to pass along the rules, it is the student-athlete's responsibility to know them and follow them.

Pages 5 & 6 contain the Code of Conduct for both student-athletes & adults.

To help you out, here are a few rules that are really important:

- No riding your bike in the Pit Zone at any time.
- Both wheels must be on the ground and both hands on the bars as you cross the finish line.
- Any time your leg is over the top tube, you must have a helmet strapped on (adults, this goes for you too!).

As always, our goal is to have a safe, fun event!

**Nevada North
Handbook**



READ ME!

Stay up-to-date

Information in this race flier is subject to change. Please check back just prior to the race weekend to make sure you have the most current information available.

We will be communicating with coaches and will also send race updates via Single Track Times, Instagram, and Facebook should they occur.

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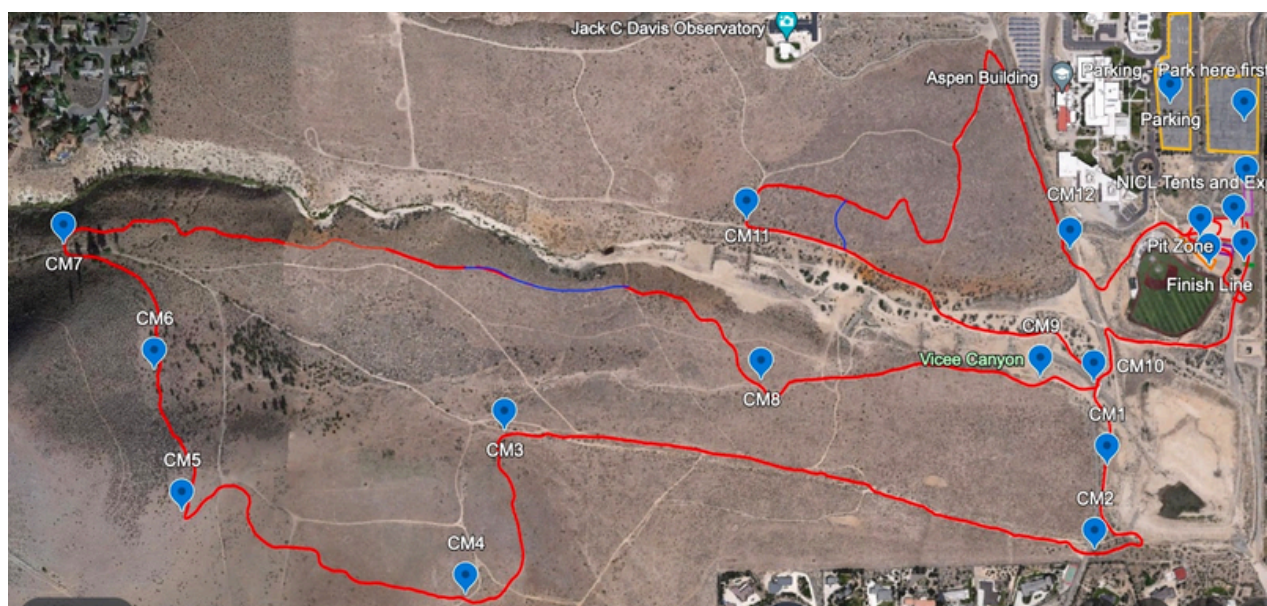
Welcome to Carson City, CA

Fall in Carson City, Nevada, is pure magic. The crisp mountain air, golden aspen groves, and sweeping views of the Sierra Nevada make it the perfect backdrop for adventure. Trails are alive with the colors of autumn, and the town's historic streets invite you to explore cozy cafes, local shops, and charming fall events. Whether you're riding, hiking, or simply soaking in the scenery, Carson City in the fall is a feast for the senses.

The league is excited to return to Nevada's capital, Carson City, for the third season in a row! This course has become a rider favorite and we're expecting nice fall temperatures to go along with an epic course.

Capital City Crusher race course

The Capital City Crusher in Carson City is a climber's dream, featuring a steady, rewarding ascent that leads to the crowd-favorite Seven Steps descent—fast, fun, and totally worth the effort. What makes this event truly special is the incredible community support from Visit Carson City, the City of Carson, and Western Nevada College, all coming together to create an unforgettable experience for riders and families alike.



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Address

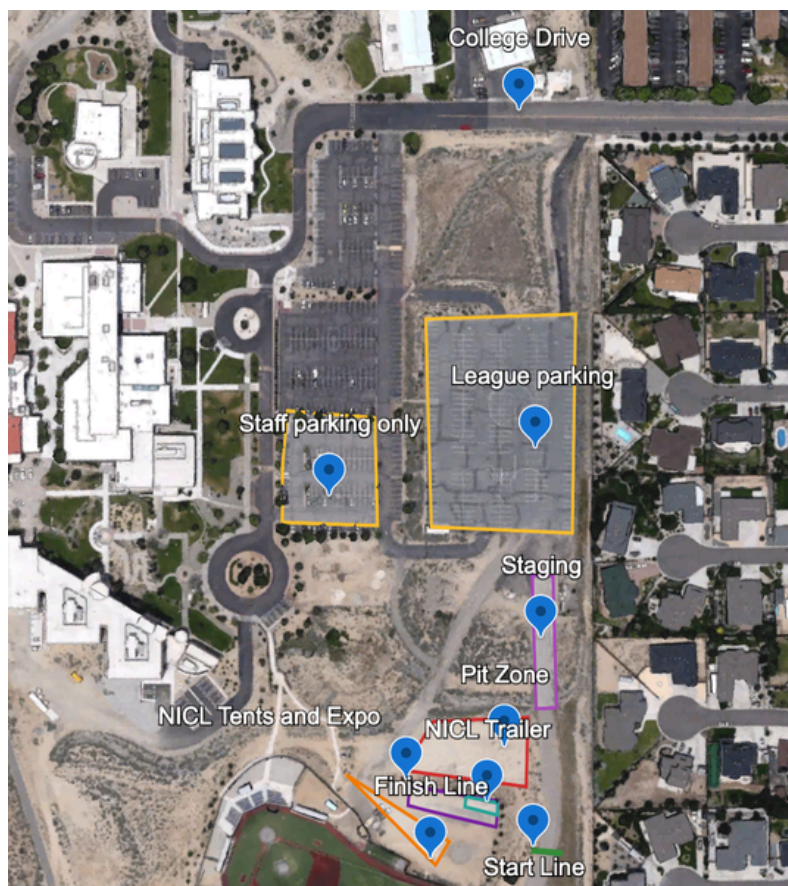
Western Nevada College
2201 W College Pkwy,
Carson City, NV 89703

**Click here
for
the race
location!**

Parking

Parking will be in the main parking lot at Western Nevada College. We will have several Parking Greeters who will help guide you to a parking spot. Please say 'thank you' when you see them.

Important: League parking is in the lower lot - no exceptions!



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Registration

- Registration is closed.
- There is no in-person registration.
- There is no late registration.
- All events are included in the season fee and so there is no extra charge.
- Students must be league registered and “race-ready” in order to participate
- **Race Ready is:**
 - All information entered in the Pit Zone, League fee and race fee have been paid.
 - Release form completed electronically in Pit Zone (once per season).
 - “Practice ready” refers to those that have all of the above except the race fee paid. This is for the riders that may participate in the pre-ride with their team but are not racing.
- **If you have questions registration, please reach out to your Team Director.**

Register in the
Pit Zone

Food

Lady Griller Catering and Kona Ice will both be on-site at the event on Sunday!

Besides those two options, Carson City has a variety of grocery stores and restaurants in town and close to Western Nevada College.



Trek Fundraiser

Support Our Fundraiser Today!

We're kicking off our Trek Giveaway Fundraiser, and need YOUR help! This is an epic opportunity to raise money for your favorite team AND give your friends and family a chance to win a Trek Supercaliber 9.7 and other cool prizes!

Thanks to the generous support of Trek, every dollar raised goes directly to support NICA teams and student-athletes. 50% of your contribution goes straight to your favorite team and the other 50% goes to the Nevada North League.

**Support the
league!**

Moms on Bikes on Saturday

MOMS! Meet at the GRiT tent at 12:30p on Saturday for an awesome time! Nevada North League sponsor **Win's Wheels** will lead a 30 minute maintenance clinic before riding the course for those who want to.

This event is offered at no cost thanks to the She Sends Foundation. All ability levels are welcome!



League gear sale!

We'll have a bunch of awesome Specialized gear again! **In order to purchase gear, you'll need to purchase a ticket online. We will also be able to accept cash on site.**

Purchase
tickets here



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Volunteer

- Race day would not be possible without the incredible work of our volunteers. It takes a “village” to put on quality youth mountain bike races.
- Saturday and Sunday positions are available.
- We know some positions can look complex and possibly overwhelming for first-time volunteers. Rest assured ALL of our volunteer positions are FUN and require no previous experience and our Core Race Staff are with you every step of the way! You will feel confident and well-prepared for your task.

Pick one (or two) that sound interesting to you, register below to guarantee your preferred volunteer spots!

For more information contact our Volunteer Coordinator, Kirstin Hudson, at volunteer@nevadamtb.org.

Volunteer at
the event



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Event weekend schedule

Saturday

9:00 AM Volunteer Shifts Begin

12:00 PM Pit Zone Access is open, registration opens, Specialized Gear Sale opens

12:00 PM GRiT Ambassador meeting

12:15 PM *NICA GRiT Ride (leaves at 12:30p) and Moms on Bikes (MOB) meet at GRiT tent

12:30 PM Coaches Pre-Ride

12:30 PM MOB skills clinic (MOB ride is following around 1:00p)

2:00 PM Pre-Ride Open to all riders - please see the pre-ride schedule

4:00 PM Registration closes

4:00 PM Pre-Ride is closed, registration is closed

Sunday

7:00 AM Volunteer shifts begin

7:30 AM Registration opens, Win's Wheels Neutral Support begins

7:30 AM Pre-Ride open to all riders - please refer to pre-ride schedule!

8:00 AM Head Coaches Meeting near the Registration tent

8:30 AM Pre-Ride closed, Specialized Gear Sale opens

8:45 AM Staging - Wave 1 HS Boys

8:50 AM National Anthem

9:00 AM Racing begins -Wave 1 HS Boys - let's have FUN!

10:00 AM Staging - Wave 2 High School Girls

10:15 AM Racing - Wave 2 High School Girls

11:00 AM Registration closes

11:15 AM Staging - Wave 3 MS Girls

11:30 AM Racing - Wave 3 MS Girls

12:15 PM Staging - Wave 4 MS Boys (Level 1 boys stage at 12:10 PM)

12:30 PM Racing - Wave 4 MS Boys

1:30 PM Racing concludes

1:30 PM Pit Zone breakdown begins - many hands make light work!

2:00 PM Awards Ceremony

Notes:

- Neutral Support will be provided on pre-ride and race day by Win's Wheels.



Pre-ride information

Pre-Ride Hours

Coaches only (Saturday, 12:30 pm)

GRiT pre-ride (Saturday, meet at 12:15p, ride at 12:30 pm)

MOB pre-ride (Saturday, ~1:00p - following the maintenance clinic at 12:30p)

Saturday afternoon (2:00 pm - 4:00 pm) - please see schedule on the next page

Sunday morning (7:30 am - 8:30 am)

All racers should pre-ride the course.

Riders must adhere to any course restrictions!

To be on course: ALL RIDERS (STUDENTS & REGISTERED COACHES) must be fully “practice ready” in the Pit Zone and have their number plates affixed to their bike.

NO UNREGISTERED PARENTS/SIBLINGS ALLOWED ON COURSE.

Reminder: You must pre-ride during scheduled times!



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Saturday Pre-Ride Schedule

Saturday

Each category can complete one lap during this time. All second laps must wait until open pre-ride at 3p.

2:00p - Varsity/JV boys and girls

2:10p - Level 5 boys

2:15p - Level 4 boys

2:20p - Level 4 girls/ Level 3 girls

2:30p - Level 3 boys

2:35p - Level 2 boys

2:40p - Level 1 boys

2:45p - Level 2 girls/ Level 1 girls

3:00p - Open pre-ride (must have appropriate coach to athlete ratio during this time also).

Purpose: To create a safer, more inclusive environment for athletes to pre-ride the course. It also allows for coaches from other teams to coach together, collaborate, and learn from each other.



Pit Zone team area rules

- Pit Zone team area is open for loading/unloading
 - Saturday: 12:00pm -5:00pm
 - **There will be no riding on course prior to the pre-ride opening.**
 - Sunday: 7:00am - 8:00am and after the infield is taken down.
- Garbage expectations - pack in/pack out
- No Gas Generators in the Pit Zone
- No fires/no bbqs
- No inappropriate language allowed
- Please leave your dog at home
- Conflicts and/or disputes should not be dealt with in the team Pit Zone area
- Any violation of the above rules may result in a team penalty and/or expulsion from the Pit Zone and infield area

Reminder: No riding your bike in the Pit Zone!

Please stay for awards if possible



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Wave start times






Staging will begin 15 minutes before each wave, 20 minutes for Level 1 boys.

Note: Final lap count decision per category will be finalized and confirmed at the start of each race in addition to any lap cut-off times.




High School Waves

 = 4.5 mi, 642 ft

High School Boys

Varsity	9:00 AM	4 	Pink
JV	9:01 AM	3 	Green
Level 5	9:02 AM	3 	Sky blue
Level 4, heat 1	9:03 AM	2 	Yellow
Level 4, heat 2	9:04 AM	2 	Yellow

High School Girls

Varsity	10:15AM	3 	Pink
JV	10:16 AM	3 	Green
Level 4	10:17 AM	2 	Yellow

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Wave start times

Staging will begin 15 minutes before each wave, 20 minutes for Level 1 boys.

Note: Final lap count decision per category will be finalized and confirmed at the start of each race in addition to any lap cut-off times.

Middle School Girls

Level 3	11:30 AM	2 ♦	Blue
Level 2	11:31 AM	1 ♦	Vermillion
Level 1	11:32 AM	1 ♦	Orange

Middle School Boys

Level 3	12:30 PM	2 ♦	Blue
Level 2	12:31 PM	1 ♦	Vermillion
Level 1, heat 1	12:32 PM	1 ♦	Orange
Level 1, heat 2	12:33 PM	1 ♦	Orange

Call-Ups
coming soon

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Chip information

All riders will receive a permanent number plate with chip timing transponder on the backside. Riders will use the same plate for the entire race series, so please remove this number plate before mounting the bike for transport to prevent loss. **Replacement number plates will be available at the registration tent for \$20 (cash or check only).**

Petitions

Petitions are closed for the 2025 season.

Weather Policy

Our primary considerations are the safety of riders, support staff and spectators, and potential damage to the venue and trails. Any decisions regarding canceling, postponing or altering race start times, lap lengths, number of laps, etc. will be made jointly by league staff and the land manager. Often this decision cannot be made until the morning of the race due to the unpredictable and rapidly changing nature of severe weather. The league will make every attempt to notify the racing population as soon as possible via email, social media and website updates.



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Team Directors meeting

A mandatory Team Directors meeting will be held near the Registration tent on Sunday, October 12th at 8:00 AM.

Each team must have one representative present at the meeting.

Contact information

General League Questions: League Director, leaguedirector@nevadamtb.org

Race/Venue Specific Questions: Nikki Peterson, Race Director, nikki@nevadamtb.org

Rule Specific Questions: Paul Miers, Race Official, paul@nevadamtb.org

Registration Specific Questions: Nikki Peterson, Race Director, nikki@nevadamtb.org

Please note that most staff arrive onsite Friday of each race weekend and may not have sufficient cell/data coverage to respond to calls/emails. Please plan accordingly.



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