EVENT GUIDE



September 6-7, 2025

IMPORTANT! All student-athletes and coaches must fill out a waiver and turn it in to your Team Director!







Welcome!

We're so excited to have you and your family join us for an unforgettable weekend with the Nevada North League! Whether you're a first-time race family or seasoned veterans of the trail, we're here to celebrate everything that makes NICA special—community, challenge, and tons of two-wheeled fun!

At the heart of everything we do are NICA's Core Values:

- 💪 Inclusivity Every rider has a place here.
- Equity We strive to level the playing field.
- Respect For each other, the environment, and ourselves.
- Community We build more than riders—we build lifelong connections.

This event guide is jam-packed with important information so please take your time to read it. If you have questions, please reach out to your Team Director.

Thank you to our sponsors





BIJOU PHOTO





















Nevada North Handbook

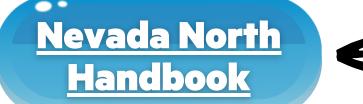
The <u>NICA Nevada North Handbook</u> lives on our <u>website</u> and you can also find it below. The handbook has everything you need to know for races including the rules. Please note that while your awesome coaches do their best to pass along the rules, it is the student-athlete's responsibility to know them and follow them.

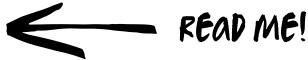
Pages 5 & 6 contain the Code of Conduct for both student-athletes & adults.

To help you out, here ar a few rules that are really important:

- No riding your bike in the Pit Zone at any time.
- Both wheels must be on the ground and both hands on the bars as you cross the finish line.
- Any time your leg is over the top tube, you must have a helmet strapped on (adults, this goes for you too!).

As always, our goal is to have a safe, fun event!





Stay up-to-date

Information in this race flier is subject to change. Please check back just prior to the race weekend to make sure you have the most current information available.

We will be communicating with coaches and will also send race updates via Single Track Times, Instagram, and Facebook should they occur.





Welcome to Northstar Resort, CA

In the summer, Northstar California Resort transforms from a winter ski destination into a lively mountain escape. The resort buzzes with activity as families, adventurers, and outdoor enthusiasts take advantage of everything the mountain has to offer. Miles of scenic hiking and mountain biking trails wind through the forests, offering stunning views of Lake Tahoe and the Sierra Nevada. The Village at Northstar is the heart of the resort, with shops, restaurants, and a laid-back atmosphere perfect for relaxing after a day on the trails. With events, live music, and plenty of sunshine, Northstar in the summer is the perfect blend of mountain adventure and resort-style comfort.

We're especially excited to introduce a second brand-new venue this season at Northstar California Resort! Adding Northstar to our race calendar brings a whole new flavor of adventure, with its world-class terrain and vibrant summer atmosphere. Riders will get the chance to experience trails that challenge both fitness and technical skills, all while surrounded by the stunning Sierra Nevada landscape. Expanding into Northstar is a big step forward for our league, and we can't wait for teams, families, and riders to discover everything this incredible venue has to offer.

Northstar Navigator race course

Northstar California Resort sets the stage for our second race of the season, the Northstar Navigator. Known for its rugged terrain and iconic mountain bike trails, Northstar offers a true test of skill and endurance. Riders will weave through towering pines, grind up technical climbs, and rip down fast, challenging descents that showcase the resort's world-class terrain. With its mix of rocky features, forested singletrack, and wide-open alpine views, Northstar delivers both a demanding and rewarding race experience—perfectly suited for the adventurous spirit of our league.





Address

Northstar Resort <u>Truckee, CA 96161</u>



Click here dropped pin to parking!

Parking

- Directions to Lots A, B, C, D
 - 1. From CA-267 (Highway 267):
 - 2. Turn onto Northstar Drive (main entrance to Northstar California Resort).
 - 3. Follow Northstar Drive uphill and continue straight for about 1.5 miles. You'll pass through the forested entrance road with signs for Northstar Resort.
 - 4. At the roundabout, take the first exit onto Highlands View Road (signs point toward "The Village" and "Highlands Gondola").
 - 5. Stay on this road as it winds down toward the Village area.
 - 6. Turn right onto Currant Way (Currant Drive)
 - 7. Follow the signs for Village parking and the Hyatt Vacation Club.
 - 8. You'll pass the Hyatt Vacation Club at Northstar Lodge on your right.
 - 9. The lots are directly behind the Hyatt Vacation Club, just above the Highlands Gondola. Follow signs or staff directing cars — the lot is a short walk down to the to the Pit Zone!





Parking







Registration

- All athletes must be registered in the <u>Pit Zone</u> by **Wednesday, Sep 3rd at 11:59p** in order to compete in the Northstar Navigator.
- There is no in-person registration.
- There is no late registration.
- All events are included in the season fee and so there is no extra charge.
- Students must be league registered and "race-ready" in order to participate
- Race Ready is:
 - All information entered in the Pit Zone, League fee and race fee have been paid.
 - Release form completed electronically in Pit Zone (once per season).
 - "Practice ready" refers to those that have all of the above except the race fee paid. This is for the riders that may participate in the pre-ride with their team but are not racing.
- If you have questions registration, please reach out to your Team Director.



Food

Food options at Northstar are somewhat limited and come with typical resort pricing, so plan ahead! Onsite you'll find a handful of restaurants, quick bites, and a village market for basics. For more variety and better value, many families stop at the Safeway in Truckee (just a short drive from the resort) to stock up on meals, snacks, and drinks before heading up the mountain. Also, bringing your own water is always a smart option!





Trek Fundraiser tent

Stop by the League's Trek Fundraiser tent this weekend and check out the Trek Supercaliber that is being raffled IN REAL LIFE! Our league fundraiser coordinator, Will Zimmer, will be there to give teams tips for success after helping the McQueen Knightriders raise nearly \$20,000 last year, which is a NICA record!

50% of proceeds go to teams and 50% of proceeds go to the league to help make our events more awesome. We have upgraded our timing system, ordered a new sound system, and increased our financial assistance fund through the Trek fundraiser the last

few years!

Support the league!

Moms on Bikes

Thanks to the She Sends Foundation, we received a grant this season to help get #moremomsonbikes! With the help of our GRiT Coordinator, Sheryl Walker, and our MOB Coordinator, Timari Prius, we will be able to offer clinics, pre-rides, and more at our events!

BONUS? Any mom who attends these events and decides to become a coach will get credit in the Pit Zone to cover next season's coach license fee!

MOMS! Meet at the GRiT tent at 12:45p on Saturday for an awesome time!

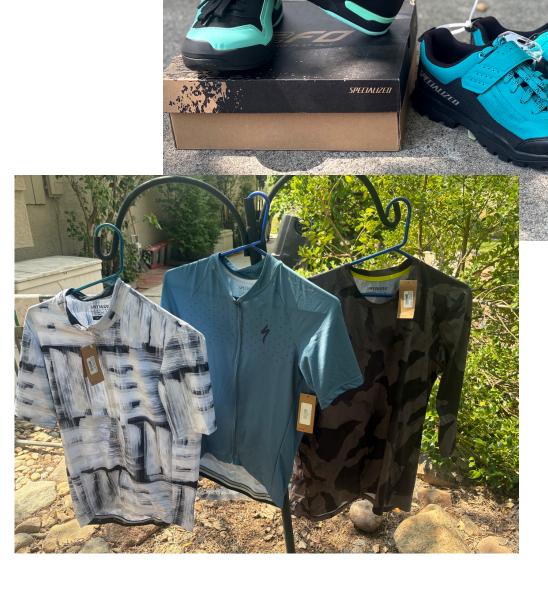




League gear sale!

Get ready to up your swag game! On Saturday, we will be bringing up bins of BRAND NEW Specialized gear and selling items for \$20 a piece! Jerseys, shirts, shoes, and more. These items are cash or check only. These items will be right next to the Registration tent

on Saturday ONLY!







Volunteer

- Race day would not be possible without the incredible work of our volunteers. It takes a "village" to put on quality youth mountain bike races.
- Saturday and Sunday positions are available.
- We know some positions can look complex and possibly overwhelming for first-time volunteers. Rest assured ALL of our volunteer positions are FUN and require no previous experience and our Core Race Staff are with you every step of the way! You will feel confident and well-prepared for your task.

Pick one (or two) that sound interesting to you, register below to guarantee your preferred volunteer sports for the Kirkwood Krank!

For more information contact our Volunteer Coordinator, Ann Miers, at ann@nevadamtb.org.





Event weekend schedule

Saturday

9:00 AM Volunteer Shifts Begin

12:00 PM Pit Zone Access is open, registration opens

1:00 PM *NICA GRIT Ride - meet at the NICA GRIT Tent at 12:45p

1:00 PM Coaches Pre-Ride

2:00 PM Pre-Ride Open to all riders - You must have a coach with you on course!

4:00 PM Registration closes

4:00 PM Pre-Ride is closed, registration is closed

Sunday

6:30 AM Volunteer shifts begin

7:00 AM Registration opens, Win's Wheels Neutral Support begins

7:30 AM Pre-Ride open to all riders - you must have a coach with you on course!

8:00 AM Pre-Ride closed, Head Coaches Meeting near the Registration tent

8:45 AM Staging - Wave 1 HS Boys

9:00 AM Racing - Wave 1 HS Boys

8:50 AM National Anthem

9:00 AM Racing begins -let's have FUN!

10:30 AM Staging - Wave 2 High School Girls

10:45 AM Racing - Wave 2 High School Girls

11:30 AM Registration closes

12:00 PM Staging - Wave 3 MS Girls

12:15 PM Racing - Wave 3 MS Girls

1:00 PM Staging - Wave 4 MS Boys

1:15 PM Racing - Wave 4 MS Boys

2:00 PM Racing concludes

2:15 PM Pit Zone breakdown begins - many hands make light work!

3:00 PM Awards Ceremony

Notes:

- Neutral Support will be provided on race day by Win's Wheels
- Awards could be earlier or later, depending on when the course and infield gets broken down. We begin awards once results are finalized and the infield is packed up.





Pit Zone team area rules

- Pit Zone team area is open for loading/unloading
 - Saturday: 11:00am -5:00pm
 - There will be no riding on course prior to the pre-ride opening.
 - Sunday: 7:00am -8:00am and after the infield is taken down.
- Garbage expectations pack in/pack out
- No Gas Generators in the Pit Zone
- No fires/no bbqs
- No inappropriate language allowed
- Please leave your dog at home
- Traffic/Parking parking is free, please be courteous of the neighborhood,
- Conflicts and/or disputes should not be dealt with in the team Pit Zone area
- Any violation of the above rules may result in a team penalty and/or expulsion from the Pit Zone and infield area

Reminder: No riding your bike in the Pit Zone!

Please stay for awards if possible







Pre-ride information

Pre-Ride Hours

Coaches only (Saturday, 1:00 pm)
GRiT pre-ride (Saturday, 1:00)
Saturday afternoon (2:00 pm - 5:00 pm)
Sunday morning (7:30 am - 8:30 am)



All racers should pre-ride the course. Riders must adhere to any course restrictions!

NICA GRIT Ride(girls only) is from 12:30-2:00 pm on Saturday led by GRIT Ambassadors... meet at the NICA GRIT Tent at 12:15pm.

To be on course: ALL RIDERS (STUDENTS & REGISTERED COACHES) must be fully "practice ready" in the Pit Zone and have their number plates affixed to their bike.

NO UNREGISTERED PARENTS/SIBLINGS ALLOWED ON COURSE.

Reminder: You must pre-ride with your team!







Wave start times

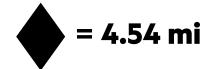
Staging will begin 15 minutes before each wave, 20 minutes for Level 1 boys.

Note: Final lap count decision per category will be finalized and confirmed at the start of each race in addition to any lap cut-off times.

High School Waves



= 3.0 mi



High School Boys

Varsity	9:00 AM	3 🄷	Pink
٦٧	9:01 AM	3 🄷	Green
Level 5	9:02 AM	2 🄷	Sky blue
Level 4, heat 1	9:03 AM	2 🔷	Yellow
Level 4, heat 1	9:04 AM	2 🔷	Yellow

High School Girls

Varsity	10:45AM	1 , 2 ♦	Pink
٦V	10:46 AM	1 , 1 , 1	Green
Level 4	10:47 AM	1, 1 �	Yellow





Wave start times

Staging will begin 15 minutes before each wave, 20 minutes for Level 1 boys.

Note: Final lap count decision per category will be finalized and confirmed at the start of each race in addition to any lap cut-off times.

Middle School Girls

Level 3	12:15 PM	1 1 1	Blue
Level 2	12:25 PM	1 🔷	Vermillion
Level 1	12:26 PM	1 🔷	Orange

Middle School Boys

Level 3	1:15 PM	1 ♦,1	Blue
Level 2	1:16 PM	1 🄷	Vermillion
Level 1, heat 1	1:17 PM	1 🔷	Orange
Level 1, heat 2	1:18 PM	1 🄷	Orange







Chip information

All riders will receive a permanent number plate with chip timing transponder on the backside. Riders will use the same plate for the entire race series, so please remove this number plate before mounting the bike for transport to prevent loss. **Replacement number plates will be available at the registration tent for \$20 (cash or check only).**

Petitions

Those petitioning for exceptions to category placement for the second race must do so by Tuesday, 8/31/2025 by 5:00p.m. This is also the deadline for the entire season. Contact your Team Director or Head Coach to submit a petition.

Weather Policy

Our primary considerations are the safety of riders, support staff and spectators, and potential damage to the venue and trails. Any decisions regarding canceling, postponing or altering race start times, lap lengths, number of laps, etc. will be made jointly by league staff and the land manager. Often this decision cannot be made until the morning of the race due to the unpredictable and rapidly changing nature of severe weather. The league will make every attempt to notify the racing population as soon as possible via email, social media and website updates.





Team Directors meeting

A mandatory Team Directors meeting will be held near the Registration tent on Sunday, September 7th at 8:30 AM.

Each team must have one representative present at the meeting.

Contact information

General League Questions: League Director, leaguedirector@nevadamtb.org
Race/Venue Specific Questions: Nikki Peterson, Race Director, nikki@nevadamtb.org
Rule Specific Questions: Paul Miers, Race Official, paul@nevadamtb.org
Registration Specific Questions: Nikki Peterson, Race Director, nikki@nevadamtb.org

Please note that most staff arrive onsite Friday of each race weekend and may not have sufficient cell/data coverage to respond to calls/emails. Please plan accordingly.



